



Snowcrest Diced Avocado, IQF 4/1.25kg

We all love avocado! Avoid the mess and waste with Snowcrest's Diced Avocado. Peeled, diced then frozen from fresh to lock in all the nutrients and flavour. Perfect for making guacamole, Snowcrest's Diced Avocado are also great to use as a topping on salads or burgers, an impromptu smashed avocado on toast for breakfast or an addition to smoothies and dairy-free desserts, the choice is yours.



- Source of Vitamin C
- Very high source of Iron
- Very high source of Fibre

Nutrition Facts	
Valeur nutritive	
Per 1 3/4 cup (140 g) / pour 1 3/4 tasse (140 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 240	
Fat / Lipides 21 g	32 %
Saturated / saturés 3 g	15 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 10 mg	1 %
Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 9 g	36 %
Sugars / Sucres 1 g	
Protein / Protéines 3 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	25 %
Calcium / Calcium	2 %
Iron / Fer	6 %

Pack Size	SKU	UPC	SCC	Weight LB	L/W/H inches	CU FT	TI	HI	Case /pallet
Snowcrest Diced Avocado, IQF 4/1.25 KG	40100	40100-9	400-68594-40100-7	12.02	14 x 7.75 x 5.75	0.36	15	8	120